

# Winter 2018

## Participant Newsletter



### Project Continuation:

We have exciting news, Operation: SAFETY has received additional funding from the National Institutes of Health (NIH) to continue our work looking at the health and wellness of military soldiers and their partners. Because of this, we're asking you to continue working with us. Similar to the previous surveys, you and your partner will receive monetary compensation for your time and effort. The structure of the project remains the same: there will be 3 surveys given over a period of 2 years (surveys 4, 5 and 6). Each survey will still take approximately an hour to complete; however, we are now offering monetary compensation of \$80, \$90, and \$90, for the completion of surveys 4, 5, and 6 respectively. This means that if you complete all 3 additional surveys, you can earn \$260 (\$520 per couple). As always, all of the information given in the surveys will remain confidential. In order to keep in contact with all participants, we ask that you contact us if you've had a change in address, email, or phone number, you can reach us at (716)-829-4731 or [operationsafety@buffalo.edu](mailto:operationsafety@buffalo.edu).

### Who Can Continue?

If you're wondering if you are still eligible to continue participating with Operation: SAFETY, we want you to know that you can participate regardless of your situation! We still want you to participate even if you or your partner:

- Missed a survey in the past.
- Have separated from your partner since we last spoke to you.
- Are no longer in the military.
- Have never been deployed.
- Are currently deployed.
- Feel as if nothing new has happened since your last survey.

We hope to begin reaching out to you regarding the next survey at the start of the new year, so please keep an eye open for us in your mail and email!

### Where has our research been going?

All of the information that we have received from you has been incredibly important and valuable. We have published 18 papers and have given over 40 presentations with the data. However, we know that despite all we have learned from your experiences and inputs, there's still more to learn. That's why the NIH has granted us more funding to continue our work. Additionally, since our last survey concluded, we've been working on adding questions based on the feedback that you have given us. We find your comments extremely valuable and have made adjustments based on what you have deemed important!



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**Soldiers And Families Excelling Through the Years**



## THANK YOU!

All of us here at Operation: SAFETY want to express how much we appreciate your contribution to this project. Your experiences have been invaluable towards our work and we are extremely grateful for the time and effort you and your partner have put into this project. We hope that you are as excited about the continuation of this study as we are, and that you'll continue to share your thoughts and experiences with us!

## Contact us:

If you have any questions about the continuation of Operation: SAFETY, need to tell us about a recent change in your address, email, or phone number, or if you just want to talk with us, please contact us!

**The Operation: SAFETY Team**

Phone: (716) 829-4731

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